

ACTIVITY CALENDAR

FEBRUARY

REGULAR EVENTS:

*Newspaper &
Coffee @ 9:30
Mon- Fri & Sat @
10:00

*Games with Jo-
lene Mondays @
1:30

*Sing-a-long every
Tuesday @ 1:30

*Hula Hands
Class Thursdays
@ 1:15

*Every Sunday @
2:00 local Church
Service on the
3rd Floor

*BINGO is every
Wednesday @ 1:30

*Exercise every
Tuesday and
Thursday @ 10:30

*Popcorn and a
Movie every
Thursday @ 5:30

**Ice Cream Social
every Friday @
1:30

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VOLUME 14 ISSUE 2

Ketchikan Pioneer Home

FEBRUARY 2016

Greetings from the Administrator

Thank you very much for your continued support of the services provided at the Ketchikan Pioneers Home. This past year has challenged us as we have worked towards reducing the use of state general fund dollars.

I am really proud of our staff and resident attitudes as we have rolled up our sleeves and worked together in our effort to maximize efficiency and create more

value for each dollar we spend. We have eliminated some services and reorganized positions to cover more ground. We have also reduced waste and fundraised more for resident needs.

For the first time since 2009, the resident rates will go up this month by 8.5%.

Please continue to be patient with us as we work towards providing the highest quality care

while also achieving our goal of being the best stewards of state dollars.

Over the next three months we hope to transition our newsletter to email only to reduce printing and paper costs. Please email Roni.Thomas@alaska.gov with your email address or follow the Ketchikan Pioneer Home Resident Council on Facebook.

Julie Sande, Administrator

PICK CLICK GIVE FOR KPH

**Add or Change Your
Pick.Click.Give Donation**

The Ketchikan Pioneer Home Foundation is registered with the Pick Click Give program. Please consider donating a portion of your PFD to the KPH Foundation.

FEBRUARY FAMILY & FRIENDS DINNER



Resident Warren Elliot and his family have fun at the January Family Dinner.

We are looking forward to a Valentine inspired Family and Friends Dinner scheduled for February 18th @ 5:00p.m
Please contact Hilary before the 15th if you are planning to attend.

Menu:

Appetizer: Fruit Crepes, Cheese/Fruit Pastries with Fresh Vegetables
Soup: Potato Chowder
Entrée: Apple/Walnut Stuffed Pork Loin, Roasted Yams, Fresh Vegetables
Dessert: Carmel/Peach Crème Brûlée

Resident Annie Ruaro enjoys her dinner with special friends and family.



PACKING UP



What goes up must come down. In January we received so many helping hands in what would otherwise be an overwhelming task of taking down our wonderful decorations. Special

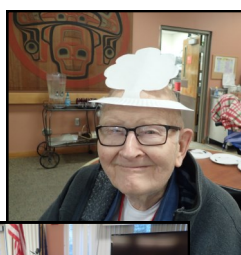
Thanks to our dedicated staff, residents and volunteers who worked so hard to carefully pack away our holiday treasures. We hope to see you again in November when we begin to deck our halls again for the holidays.



*"Let yourself be
silently drawn
by the strange
pull of what you
really love. It
will not lead
you astray"*



-Rumi



Hilary Koch with Residents Al Slagle and Jean Vike model their new stylish hats.

HAT DAY

We celebrated another successful Hat Day with our preschool kiddos. Everyone had a great time constructing and decorating new hats, wearing some of the fancy hats we purchased, and playing the Hat game!



Resident Bud Hurley and a preschool student work hard on their creations.

WILL YOU BE OUR VALENTINE?

The activities dept. would like to encourage people in the community (young and old) to send beautiful, silly, or sentimental Valentines to our residents. There will be a printed sheet of all resident first names

(just like when we were in elementary school) available in the lobby so you may personalize your valentines. We will deliver the Valentine bags on Feb. 12th at our Chocolate Valentine Party at 1:30 p.m. in the Great Room. We

will be getting out the chocolate fountain for the party. If you would like to join us please bring a valentine treat to share. Please come join in the fun!



KPH FOUNDATION NEWS

The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.

The Ketchikan Pioneer Home Foundation is enrolled in the Pick Click Give Program in partnership with the Permanent Fund Dividend Division. This program allows Alaskans to share their PFD with causes they care about. Your donations go directly to your chosen non-profit. If you are

interested in making a donation through Pick Click Give please do so when filing your PFD Application. If you have already filed then go to:

www.pfd.state.ak.us

and click on this button:

Add or Change Your
Pick.Click.Give Donation

to modify your donation choice.

Bob Sivertsen
Alaire Stanton
Nerissa Buendia
Bill Moran
Ed Zastrow
Ann Thompson
Terry Wanzer
Mona O'Dell
Fred Monrean
Sherrie Slick
Ray Hendricks
Linda Auger



HONORING OUR MVPS

We don't have trophies or national news coverage but we do work with people who are valued beyond measure and we are trying to take time out each month to honor them for all of their hard work and years of dedicated service to their state and to our residents. In December we honored LuAnne Mace (20 years) and Norma Kile (10 years). In January we honored Oscar Lorenzo (10 years), Darlita Naval (10 years) and Marivic Rabacal (10 years). We also wished our favorite Nana Food Services, Manager Michele Crosson a fond farewell as she moves on to bigger but not necessarily better adventures in Anchorage.



MISSING YOU

In January we were deeply saddened to lose two very special friends. Virgene Harvey passed away on January 3rd and Ray "Ski" Matiashowski passed away on January 15th. We miss each of them very much and send warm wishes of comfort and peace to their families.



In January we stayed warm indoors with puzzles, games, spa activities and even a little Hula Hands exercise to keep us moving!





KPH

Ketchikan Pioneer Home
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Ketchikan AK 99901

julie.sande@alaska.gov
907 228 3362

Mission Statement:
Providing Elder Alaskans a
home and community,
celebrating life through its
final breath.

Activity Calendar Continued...

- 2/01 Foundation Lunch @ 12:00 p.m.
- 2/04 Hula Hands @ 1:15 p.m.
- 2/08 Resident Council @ 1:30 p.m.
- 2/09 Mardi Gras Celebration
- 2/11 Hula Hands @ 1:15 p.m.
- 2/12 Valentine Crafts with the Preschool @10:15 a.m. and Chocolate Party @ 1:30
- 2/13 Visit Quilt Show @ 1:00 p.m.
- 2/15 Presidents Day Holiday
- 2/17 Monthly Birthday Party @ 3:00 p.m.
- 2/18 Family and Friends Dinner @ 5:00 p.m.
- 2/23 Karaoke @ 6:00 p.m.
- 2/24 Lady Bug Preschool Visit @ 2:30 p.m.
- 2/25 Hula Hands @ 1:15 p.m.



Welcome to our Home

The staff and residents would like to extend our warmest welcome to new resident Evelyn Bullock. So many of you already know Evelyn as a long time community member and friend. Please stop by to say hello and help welcome Evelyn to our KPH Community.

Legislative Teleconference Schedule

Please join the Commission on Aging for the 2016 legislative teleconferences to discuss bills of interest to seniors in our community across the State of Alaska.

The teleconferences will be held at the KPH from 9:30-11:00 a.m.

February 11th & 25th
March 10th & 24th
April 7th, 14th & 21st.

STAFF AND RESIDENT BIRTHDAYS

STAFF

Marilie Deleon 2/4
Siri Alvey 02/12
Norma Oposcolo 2/21

RESIDENTS

Margo Shay 02/13/1939

